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| |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [**GP referrals at a record high**](https://us7.mailchimp.com/mctx/click?url=https%3A%2F%2Fhealthinnovationnetwork.com%2F&xid=59d5f33029&uid=21989864&pool=&subject=) | | | | |
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Structured education has been proven to help patients with diabetes self-manage their condition better, and the increase in use of this service is helping us get towards our Long Term Plan goal of 20% of people with diabetes to have attended education by 2021.  To mark World Diabetes Day (14 November 2019) we are publicly launching the self-referral functionality to support even more people living with Type 2 diabetes to get access to vital education courses.    However, our data shows that **GP referrals are the most effective way to get patients to use the service**, because of the value patients place on the advice of healthcare professionals. So, whilst this is a very exciting new campaign to get even more people booking onto the service, it is imperative that **healthcare professionals** **do not stop referring patients**. | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  | | --- | --- | | |  | | --- | | **Benefits of Book & Learn** | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Diabetes Book & Learn offers patients**   * **Flexibility**, 26% of patients have attended courses outside their home borough and 16% of people have enrolled on digital/remote courses * **New and inclusive courses**, with availability in sports clubs and in different languages * **A streamlined booking process**, with an online booking system and a dedicated phone line offering personalised advice and help with booking   The aim of the NHS Long Term Plan is **for 20% of people with diabetes to have education by 2021**. Making courses more easily accessible for patients will be key to us delivering on this goal, and the Diabetes Book & Learn service does just that. And referring patients couldn’t be simpler! | | |      |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | |  | |  |  | | --- | --- | | |  | | --- | | Using the EMIS form or DXS form for Diabetes Book & Learn referrals Referring patients to Diabetes Book & Learn is easy – just use either of the auto-populating forms and then email them to [diabetesbooking@nhs.net](mailto:diabetesbooking@nhs.net) from another @nhs.net email account   * the Microsoft Word form that links to EMIS * the DXS form that links to both EMIS and Vision | | | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  | | --- | --- | | |  | | --- | | [**Find out more about Book & Learn**](https://us7.mailchimp.com/mctx/click?url=https%3A%2F%2Fdiabetesbooking.co.uk&xid=59d5f33029&uid=21989864&pool=&subject=) | |      |  |  | | --- | --- | | |  | | --- | | **Benefits of structured diabetes education** | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | Structured education has been proven to:   * Lower average blood glucose levels, thereby **reducing the risk of complications** * Reduce cholesterol and blood pressure levels * Improve levels of physical activity * Improve understanding of diabetes and self-management skills * Help people to lose weight | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  | | --- | --- | | |  | | --- | | **Patient testimonials** | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | |  | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  | | --- | |  |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | |  | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | |  | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  | | --- | |  |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | |  | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  | | --- | |  |      |  | | --- | |  | | | |