

# Child & Adolescent Mental Health Local Transformation Plan

## Update

## 27<sup>th</sup> February 2018

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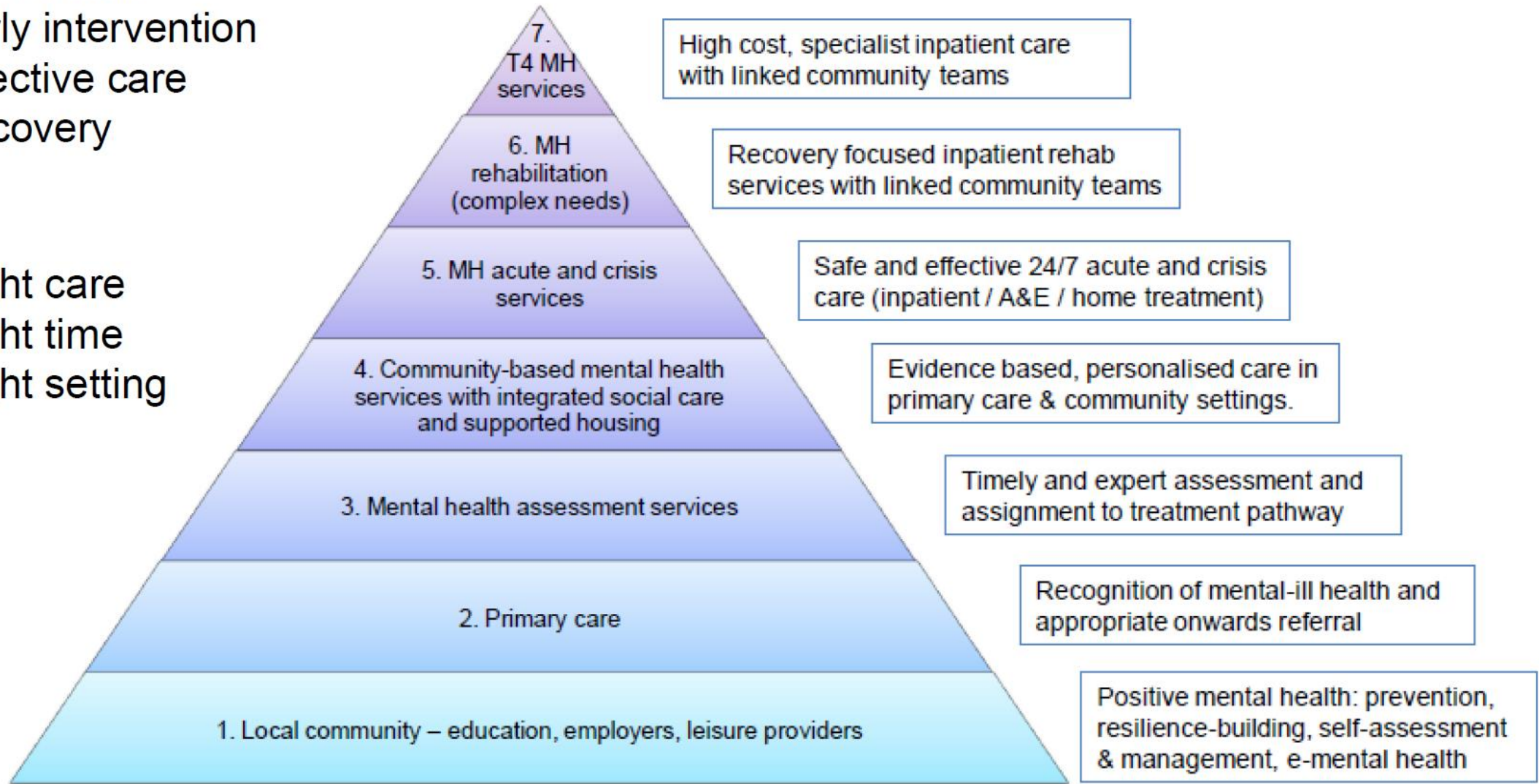
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Wandsworth Clinical Commissioning Group



- ✓ Prevention
- ✓ Early intervention
- ✓ Effective care
- ✓ Recovery

- ✓ Right care
- ✓ Right time
- ✓ Right setting



# Summary of Current CAMHS – Block and LTP

## Mapping existing Wandsworth services, building contacts and partnerships

**Universal & Tier 2** – Local Authority Social Emotional and Mental Health and Voluntary Sector Services – emotional resilience programmes, peer support programmes, awareness raising, training and advice for a range of staff

**Tier 2 – Single Point of Access** - CAMHS Access

**Tier 3 – CAMHS Block contract (SWL and St George’s MH Trust)**

Specialist Services, LD Service, ND Service, Eating Disorders, Outreach Team, Early Intervention with Psychosis (EIP), Crisis Care Response,

### **CAMHS Local Transformation Plan (LTP) funded projects:**

Evidenced Based Parenting Programme for BME parents/carers and fathers

CAMHS Under-5s Extended Service, for parents/carers experiencing mental health

P2B Primary School Based Service, Alternative Thinking Strategies (PATHS), Secondary School Champions, Research into Reducing Exclusions, Additional Eating disorders interventions,

SW London ASD/ADHD support for children with challenging behaviour, Youth Justice Diversion and Liaison

Child House, Therapeutic Support for Children Suffering Sexual Abuse on the Edge of Care

Workforce development – Improve Access to Psychotherapeutic (IAPT) Support – training for staff and voluntary sector providers

Multi Systemic Therapy for vulnerable young people on the edge of care

CAMHS Plus (Transition Service)

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## Single Point of Access (SPA)

- Referral to Triage within 24 hours
- Triage to Assessment within 14 days (24 hours where urgent)
- Triage to Consultancy within 24 days, where appropriate
- Triage to Treatment within 18 weeks, where appropriate

35% increase in referrals and young people receiving help

New email: [ssg-tr.wandsworthCAMHSreferral@nhs.net](mailto:ssg-tr.wandsworthCAMHSreferral@nhs.net)

Improved communication with schools: information sharing form

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## Road Map - Transformation

- Increase referrals and treatment – early intervention
- Fast support for vulnerable
- Reduced in-patient admissions and length of stay
- Improved satisfaction of young people
- Reduced escalation and re-occurrence of ill health

- Inpatient stays for children and young people will be reduced by 90% to be a last resort and will be as close to home as possible and will have the minimum possible length of stay.
- Waiting Time and Access service Targets for Eating Disorders have been achieved by April 2017.
- Children with ASD are seen and assessed in line with NICE Guidance timescales.

- More children and young people are able to access emotional well-being and mental health support at the right time and place within 2 weeks.
- All vulnerable children and young people will have access to treatment within four weeks of being assessed if routine or one week if assessed as urgent.

- Participation reports provide assurance that Children and Young People are satisfied with their experience of services
- Children with ASD with Challenging behaviour are supported in the community as close to home as possible and that except in exceptional circumstances hospital admission is not required.
- Improve the commissioning of services for young people who are in contact with the justice system or who present with complex, challenging needs that make them more vulnerable than other children or young people. In line with the recommendations of the commissioned Mapping Exercise of the local pathway in 2016/17



## GAPS in Provision

- Support for schools and families around self-harm
- Top of Tier 2 – children with more substantial need
- Therapeutic support for children with challenging and chaotic circumstances
- Support for children with LD and ASD and their families
  
- Mapping exercises and promotional material
- Away day to look at collaboration, integration and service improvement
- KPIs, Outcomes and Monitoring
- BME Youth Conference – 12<sup>th</sup> April 2018 – led by WCEN



# Green Paper: Transforming Children and Young People's Mental Health Provision

The areas covered by the Green paper

4 key proposals

- 1) A mental health lead in every school and college
- 2) Mental health support teams working with schools and colleges
- 3) Shorter waiting times
- 4) Mental health of 16 to 25 year olds



# Mental health leads

- Will be a trained staff member who is responsible for the school's approach to mental health
- The lead will
  - Oversee the help the school gives to pupils with mental health problems
  - Help staff to spot pupils who show signs of mental health problems
  - Offer advice to staff about mental health
  - Refer children to specialist services if they need to





# Mental Health Support Teams working with schools and colleges

- Trained staff linked to schools / colleges offering individual / group help to young people with mild / moderate mental health issues including anxiety, low mood and behavioural difficulties
- They will work with the designated leads and provide a link with more specialist services
- They will be the link between the NHS and schools and work alongside other people who provide mental health support



# Shorter waiting times

- Some of the areas with new mental health support teams will try out ways of bringing waiting times in mental health services to 4 weeks

# Mental Health of 16-25 year olds

- The aim is to set up a new national partnership to improve mental health for young people aged 16-25. It will decide on which areas to focus on eg student mental health



# Other matters raised by the Green Paper

Improving understanding of mental health

- Internet and social media
- Researching how to support families
- Researching how to prevent mental health problems



# Consultation process

Series of questions for response by 2<sup>nd</sup> March

Trailblazer phase to test out proposals

