# JOHN MORRILL

Wandsworth Care Alliance

Project Manager, Voicing Views
Project Manager, LGBT Mental Health

### South West London & St. George's Mental Health Trust

Service Line Management (SLM)

Recovery Café

Primary Care Plus

Talk Wandsworth

#### LGBT Mental Health

• 25% of the population with have mental health issues at some point.

• Within the LGBT population this rises to 40%.

 Within the Black & Minority Ethnic population (BME) this rises again to 60%.

• Within the LGBT Youth population this rises again to 60%.

#### LGBT Mental Health

- Common mental health issues are:
  - Anxiety and Depression
    - Substance misuse
    - Suicidal thoughts
      - Self harm
    - Eating Disorders
      - Self hatred

### LGBT Mental Health Project

- We are working with the Mental Health Trust to ensure Trust staff are LGBT aware and become better at asking sensitive questions.
- We have encouraged the Mental Health Trust to sign up to Stonewall's Diversity Champions Programme.
- We have held a LGBT event attended by the LGBT Community across Wandsworth, Merton, Sutton, Kingston and Richmond, Trust staff and stakeholders.
- We are engaging with the LGBT Forums across the 5 Boroughs and working with them in collaborative method.
- We are engaging with the Free 2B Alliance, we have held workshops at The Gap Youth Club and we are collaborating with the Alliance on LGBT Awareness Training for Mental Health Trust staff.

## LGBT Mental Health Project

- We are engaging with the Free 2B Alliance, we have held workshops at The Gap Youth Club and we are collaborating with the Alliance on LGBT Awareness Training for Mental Health Trust staff.
- We have secured 3 year funding from Wandsworth CCG
- We have applied to The Big Lottery for funding so the Project can become substantive.
- If successful we will work with GP Practices in regards to them becoming more LGBT aware.