



Refreshing the Wandsworth Health and Care Plan

29th September 2021

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What is the Wandsworth Health and Care Plan?

- The Wandsworth Health and Care Plan is **one** element of work being undertaken by health and social care partners in Wandsworth and across South West London to improve health and wellbeing.
- The priorities within the Wandsworth Health & Care Plan are focused on the areas where we can have the greatest impact by **working collectively** to prevent ill health, keep people well and support them to stay independent.

What is the refresh all about?

- This work is a 'refresh' not a 'rewrite' we hope to build on the work and momentum made over the last two years of delivery of the Wandsworth Health and Care Plan.
- The existing plan finishes in 2021 and was impacted by the pandemic. A refresh provides an opportunity to regroup and collectively agree priorities and commitment to shared vision.
- This is not a one off conversation but the start of a longer conversation focus is on building and establishing a longer term conversation throughout the lifetime of the plan and the new 'place based' focus in Wandsworth.

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Key themes and feedback - reflecting on previous plan



(1) What <u>one</u> thing should we learn from previous experience of delivering the Health & Care plan priorities?

- We need to listen (to our communities & service users)
- To make the plan achievable – identify clear goals
- To ensure collective ownership
- The need to collaborate

(2) What did not work well in delivering the previous plan?

- Measuring impact, monitoring of actions, results and outcomes
- Communication ensuring everyone feels engaged and involved, especially when plans change
- Did not directly address inequalities
- Plan was not accessible for all members of the community

- (3) Should any of our current priorities remain?
- Children & Young peoples mental health
- Health & social care integration

Key themes and feedback - looking forward

What is it we are best placed to do together?

- Reducing inequalities pursuing equality in mental health and for disabled community
- Changing culture; developing a holistic and collective approach Community & statutory collaboration, work with our communities to reach our communities, improving coms
- Prevention empowering people, promoting self care, and building resilience
- Integration coordinating and joining up services and removing silos, recognising co-morbidities
- Workforce Tackling our workforce challenges
- Digital Reducing digital exclusion and improving communication

What priorities have emerged because of the coronavirus pandemic?

- Impact of social Isolation
- Mental Health
- Digital divide
- Health inequalities
- Importance of communities role in health and care delivery
- Pressure on unpaid carers

What new priorities should we consider including in the plan?

- Prevention
- Greater focus on children and young peoples' Mental Health including emotional wellbeing
- Health inequalities
- Root causes wider determinants, such as poverty
- Loneliness and grief

Understanding current and future needs in the refresh

Largest contributors to



4 in 10 Wandsworth residents report that they drink over 14 units of alcohol per week – the highest proportion in any London borough.

Wandsworth is 11%

higher than the

England

average

premature mortality were cardiovascular disease, cancer and respiratory disease

Male healthy life
expectancy at age 65
has dropped by more
than 5 years – from 13
years in 2016-18 to 7.9
years in 2017-19

Healthy life expectancy at birth fluctuates from year to year and residents are living longer but also with more years in poor

health

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• The refre

The estimated common mental health disorder prevalence in

live alone

17% of children aged 16 live in poverty Child deprivation is
geographically
concentrated in
Roehampton and Putney
Heath, Queenstown, St
Mary's Park and Latchmere
wards

Wandsworth's latest (2020)
proportion of secondary school
pupils with substantial
emotional, social and
mental health needs was 4 per
100 children (2nd highest in
London)

The rate of suicides in Wandsworth is higher than the London average In 2019/20 Wandsworth's overweight proportion in Year 6 was 16.2% (highest in London)

> Childhood obesity prevalence changes with age and ethnic group 25% of Year 6 children from Black ethnic groups are classified as obese (average 19%)

supplies increased by 11% in 2019 which is a 78% increase from 5 years ago. More than one-third of emergency food supplies were for children

3 day emergency food

Half of the adult population classified as over weight or obese The refresh of the plan will be informed by the information in;

- Wandsworth Joint Strategic
 Needs Assessment
- SWL Population Health dashboards
- Feedback and contributions from to service users, patient experience, their carers and family, and the health and social care workforce.

Next steps



- 1. Actively seeking input and contribution from groups, communities or sectors to strengthen the refresh and emerging priorities during September(at this stage sharing the emerging priorities and vision):
 - LGBTQ+ community in Wandsworth
 - Schools and education leads
- 2. Further research and evidence gathering to develop the proposed emerging priorities, initiatives identifying potential impact and monitoring approaches.
- 3. Develop a coms and engagement strategy for the lifetime of the plan; ensuring an ongoing discussion and ownership from design into delivery.
- 4. Draft due to next Board meeting for discussion and further comment.