

Healthwatch Wandsworth

# PUBLIC EVENT

Wednesday 27 February, 10:45am

Room E127

South Thames College

## Managing our Mental Health

We all have mental health. At our event we'll be finding out how to manage it and the local services that can help.

We'll also be talking to the people in charge and giving you the opportunity to have a say in improving them.

Find out more about the event on our website -  
[www.healthwatchwandsworth.co.uk](http://www.healthwatchwandsworth.co.uk)

All are welcome!

**healthwatch**  
Wandsworth